

Buddy Checklist for Putting On & Removing PPE- Droplet & Contact Precautions for COVID-19

Date (dd/mm/yy): _____ Department: _____

Health Care Worker (name & role): _____

Checklist for Putting on PPE	Completed (Initials)
Put on PPE immediately prior to entering the patients room or in anteroom	
1. Tie long hair back	
2. Perform Hand Hygiene	
3. Inspect PPE for defects and size prior to putting on	
4. Put on Long-Sleeved Gown	
5. Put on Procedure/Surgical Mask (or <i>N95 Respirator if conducting an aerosol generating medical procedure</i>)	
6. Put on Face/Eye Protection (if not using mask with built-in shield)	
7. Put on Gloves	
8. Ask person putting on PPE to perform a mobility test (e.g. bend, turn). Check for any exposed skin or clothing- adjust as necessary.	
Procedure for Removing PPE	Completed (Initials)
Remove PPE at doorway of patient room	
1. Remove Gloves and discard	
2. Perform Hand Hygiene	
3. Remove Long-Sleeved Gown by rolling inside out and discard or place in laundry, if reusable	
4. Perform Hand Hygiene	
5. Remove disposable Face/Eye Protection and discard (if using non-disposable goggles-place in designated area for reprocessing)	
6. Remove Procedure/Surgical Mask and discard (<i>if wearing N95 respirator, remove OUTSIDE PATIENT ROOM- see step 9</i>)	
7. Perform Hand Hygiene	
8. Exit patient room	
9. Remove N95 Respirator and discard	
10. Perform Hand Hygiene	