

THERAPY SERVICES

Therapeutic and diagnostic disciplines are an increasing feature of health care practice. There are many therapies that help maintain specific organs and systems of our body at an optimum level throughout a lifetime.

AUDIOLOGIST
SPEECH-LANGUAGE
PATHOLOGIST
RESPIRATORY THERAPIST
MASSAGE THERAPIST

audiologist

Audiologists are responsible for testing and measuring hearing functions, identifying types of hearing disorders, developing patient rehabilitation plans and programs, providing educational, medical, and professional consultation, and recommending and dispensing hearing aids. They also assess and treat balance disorders. Audiologists work as part of a team that includes, physicians, psychologists, social workers, nurses, teachers, occupational therapists, physical therapists and counselors.

Approximate salary:

\$40.50 – \$43.75 per hour

Academic requirements:

- Completion of a 4 year undergraduate degree from an accredited university with a B+/3.3 GPA; an honours program is strongly encouraged.

- Completion of an MSc in Audiology.
- Certification as an Audiologist is available through Speech-Language Audiology Canada (SAC).
- Completion of an MSc in Human Communication Disorders (Audiology).

Educational institute(s) in Nova Scotia offering a program:

- Dalhousie University



speech-language pathologist

Speech-language pathologists' work involves assessment, diagnosis, treatment and prevention of speech and language disorders. Speech disorders include the inability to produce certain sounds, speech rhythm and fluency problems, and voice disorders. Language disorders include problems in the production and comprehension of oral and/or written language. Speech-language pathologists also help people who have difficulty swallowing and those who want to modify accents. Speech-language pathologists work as part of a team that includes physicians, psychologists, social workers, nurses, teachers, occupational therapists, physical therapists, and counselors.

Approximate salary:

\$40.50 – \$43.75 per hour

Academic requirements:

- Completion of a 4-year undergraduate degree from an accredited university with a B+/3.3 GPA; an honours program is strongly recommended.
- Completion of MSc in Speech-Language Pathology
- Certification as a Speech-Language Pathologist is available through Speech-Language Audiology Canada (SAC)

Educational institute(s) in Nova Scotia offering a program:

- Dalhousie University

respiratory therapist

Respiratory therapists are health care professionals who provide a wide range of diagnostic and therapeutic procedures to patients requiring basic and complex cardiopulmonary services. Respiratory therapists assess the cardio-respiratory systems of patients, perform and interpret diagnostic breathing and blood tests, and develop and implement respiratory therapy care plans for clients. Part of a respiratory therapist's role includes operating, maintaining and inspecting respiratory therapy equipment such as ventilators, anesthetic machines, oxygen delivery devices and other equipment. They also monitor and evaluate patient progress. Some respiratory therapists provide services to the general patient population, while others specialize in a specific area such as neonatal, palliative, rehabilitation, pulmonary function or sleep labs.

Approximate salary:

\$32.25 – \$45.00 per hour

Academic requirements:

- High School diploma with 5 university preparatory courses including English, math and 2 sciences (Chemistry and Biology or Physics).
- Completion of a 4 year Bachelor of Health Science in Respiratory Therapy or diploma after 3 years.
- Passing grade on the National Certification Examination.
- Registration and licensing with the Nova Scotia College of Respiratory Therapists.

Educational institute(s) in Nova Scotia offering a program:

- Dalhousie University

massage therapist

Massage therapists treat clients by using touch to manipulate the soft-tissue muscles of the body. Using various techniques, therapists relieve pain, rehabilitate injuries, reduce stress, enhance muscle and joint function, and aid in the general wellness of clients. Massage therapists work in an array of settings, such working alone or in collaboration with other health care providers or multi-disciplinary clinic settings, spas, nursing homes, and fitness centres. Some massage therapists also travel to clients' homes or offices.

Approximate salary:

\$20 – \$50.00 per hour

Academic requirements:

- Completion of high school or equivalent.
- Currently, a 2200-hour program is required to join a professional association, which gives you access to professional liability insurance and billing authority with private health insurance

Educational institute(s) in Nova Scotia offering a program:

- Canadian College of Massage and Hydrotherapy
- ICT Northumberland College
- Eastern College
- Island Career Academy